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AGENDA for a Meeting
of the **West Norfolk Healthier Communities and Older People Partnership**
on **5th April 2007**
between **2.00pm and 4.00pm**
in **Meeting Room 1, Kings Court, Chapel Street, Kings Lynn**

AGENDA

1. Apologies
2. Minutes of the last meeting held on 8th March 2007 and matters arising (attached)
3. Chairs correspondence
4. Resources for partnership working-discussion of options
5. Partnership Action Plan – Priority 1 - Cardio Vascular Disease / obesity. Progress report and planning for obesity workshop on 20th April 2007 – **John Rees**
6. Partnership Action Plan – Priority 2 – Older People Progress report – **June Stokes**
7. Update on other Initiatives
 - Liaison with Borough Council's Sports Development Team
 - Surestart in Later Life Project
8. Any Other business
9. Date of next meeting – 10th May 2007

Distribution

- Members of the West Norfolk Healthier Communities and Older People Partnership
- Partnership Secretariat
- Neighbourhood Manager

Partnership Chair:

Kate Gordon

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Secretariat:

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Minutes of a meeting of the West Norfolk Healthier Communities and Older People Partnership held on Thursday 8th March 2007 at 2.30pm in the Meeting Room, Priory House, Austin Street, Kings Lynn

Present:

- | | | |
|---------------------|---|---|
| Kate Gordon (Chair) | - | Queen Elizabeth Hospitals Trust |
| Peter Morris | - | West Norfolk Voluntary & Community Action (VCA) |
| John Rees | - | Norfolk PCT |
| Sue Lowe | - | Age Concern West Norfolk District |
| Sian Kendrick-Jones | - | Norfolk PCT |
| David Harwood | - | Borough Council Kings Lynn & West Norfolk |
| Eddie West-Burnham | - | West Norfolk MIND |
| Jane Evans | - | West Norfolk Carers |
| Martin Slater | - | Partnership Support |
| Laura Beveridge | - | Partnership Support |
| Sarah Dennis | - | Partnership Support |

By Invitation:

- | | | |
|-----------|---|---------------|
| Tom Makin | - | Help The Aged |
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Apologies for absence were received from:

- | | | |
|---------------------|---|---------------------------|
| Gill Daniels | - | Skills and Learning Group |
| Charles Hare-Winton | - | Childrens Services |

		Action
1	<p>Welcome and Apologies</p> <p>Apologies were as noted above.</p>	
2	<p>Minutes of the Last Meeting held on 8th February 2007</p> <p><u>Food Fortnight</u> John Rees had written to the doctorate at the UEA to seek their involvement with the Food Fortnight initiatives.</p>	

	<p><u>Partnership Funding</u> John Rees confirmed he had spoken to the relevant officers at the PCT regarding funding held by the PCT.</p> <p>The minutes were agreed as a true record.</p>	
<p>3</p>	<p>Chairs Correspondence</p> <p>The Chair had sent a letter to the PCT requesting reassurance of the PCT's support for the Healthier Communities and Older People Partnership. A response had been received from the Chair of the PCT. It was a positive response but allocation of any resources was still vague. A further response was anticipated.</p>	
<p>4</p>	<p>Help the Aged Activity in the Borough and Business Plan</p> <p>Tom Makin from Help the Aged gave a presentation outlining the work of Help the Aged within the Borough and gave an insight into the background and priorities of Help the Aged.</p> <p>The Chair noted that Help the Aged priorities corresponded with those of the Healthier Communities and Older People Partnership as well as Age Concern, and noted the importance of gaining feedback from individuals also. Tom explained that the work of Help the Aged also covered preventative measures, ie falls prevention. His work also matched that of the Surestart for Later Life, a presentation of which had been received by the Partnership in January 2007.</p> <p>Martin Slater explained there were a number of initiatives that Help the Aged could link to, for example free debt advice offered by Freebridge Community Housing to their tenants. David Harwood highlighted the work of Care and Repair at the Borough Council. Tom explained there would not be competition with existing services, but could help to highlight where there were gaps in any service.</p> <p>It was AGREED that:</p> <p>Martin Slater would meet with Tom Makin to discuss methods of joint working.</p> <p>The Chair thanked Tom for his presentation.</p>	<p>MS</p>

<p>5 and 6</p>	<p>Resources and Financial Update</p> <p>The Chair made reference to the letter received from the PCT regarding commitment to the Healthier Communities and Older People Partnership in the form of Sian Kendrick-Jones and Mark Weston. Sian Kendrick-Jones explained that the PCT were still recruiting posts so there would still be some uncertainty in terms of job roles. The Chair explained a project officer role was required, whereby a post could be out in the community, a role which Mark Weston would not be able to cover.</p> <p>Eddie West-Burnham challenged the assumption that this would be a health role, as the Health Service was already overstretched. It may prove more advantageous to seek links with diversity groups for example.</p> <p>John Rees highlighted the need for a 'bottom up' approach and cited Maggie Barwell's work in West Walton as a good example. It would be important to get the support of the PCT but a community development type role would also be important. Martin Slater explained it would be important to identify resources. Tom Makin highlighted the work of the Town and Bridge Project in Ipswich. This had been funded through the Local Strategic Partnership.</p> <p>John Rees noted it would be important for the Partnership to move forward, regardless of whether the PCT could provide resources. The Chair noted the Partnership still had some funding available. Sue Lowe from Age Concern had been looking at funding issues.</p> <p>Eddie West-Burnham explained the need to use existing resources more effectively, for example community development workers at the Borough Council had good links with Connecting Communities.</p> <p>Martin Slater explained that the Health Partnership had £50,000 of funding available and so the action plans could move forward. Eddie West-Burnham noted there would be challenges for health in 2007/08, although he anticipated 2008/09 being a better year.</p> <p>It was AGREED that:</p> <p>The Chair to meet with Martin Slater and John Rees to review possible ways forward regarding funding support for the Partnership.</p>	<p>KG/MS/JR</p>

7	<p>Partnership Action Plan – Priority 1 – CVD / Obesity</p> <p>John Rees explained that the Obesity Workshop would be held on 20th April 2007. The Knowledge Transfer Partnership were set to complete a baseline survey of a stratified random sample and would link the academia with the business sector. John explained he had visited several institutions with a view to taking this forward. He was also in the process of compiling the invitation list for the workshop and would ensure there would be a wide range of attendees.</p> <p>It was AGREED that:</p> <p>A sub group to meet to discuss how best to utilise existing resources, whether this be staffing or financial resources.</p>	MS/JR/EWB /SKJ/KG
8	<p>Partnership Action Plan – Priority 2 – Older People</p> <p>In the absence of June Stokes, it was decided to postpone this item until the next meeting of the Partnership.</p>	
9	<p>Partnership Action Plan – Priority 3 – Mental Health</p> <p>Eddie West-Burnham circulated a paper that outlined the vision to improve community mental health in West Norfolk. He explained there had been good progress but there was still much to do. He felt new posts should be based in the voluntary sector and not the health sector. He explained he would also be meeting with Vicky Etheridge, Neighbourhood Manager to discuss links with her Safer Stronger Communities work. He also explained the importance of the Local Authority's role, for example in Health Improvement. It would be important to look at preventative measures, for example addressing issues now could help avoid depression and repeat medication in the future.</p> <p>David Harwood highlighted the importance of linking to the Supporting People role. John Rees explained that mental health issues covered all aspects of social care, for example housing and education. Eddie West-Burnham highlighted the example of teenaged pregnancies being seen as a problem and the creation of a social stigma around this. He also explained that it was anticipated that depression would be one of the top three killers in the next 20 years.</p> <p>It was AGREED that</p>	

	Eddie West-Burnham would forward the mental health plan to Jim Keown from the PCT for comment.	EWB
10	<p>Update on Other Initiatives</p> <p><u>Liaison with Sports Council</u></p> <p>The Chair explained she had not yet followed this up with the Sports Council, although Martin had met with Roger Partridge in January 2007. Sue Lowe had also spoken to Roger concerning joint initiatives with Age Concern.</p> <p>Martin explained that he had discussed health priorities with Roger Partridge and Roger had drafted an action plan which contained a number of plans including a provision for five multi use games areas in the five most deprived wards.</p> <p>It was AGREED that:</p> <p>Roger Partridge be invited to the next meeting of the Healthier Communities and Older People Partnership to discuss his action plan.</p> <p><u>Food Fortnight 2007</u></p> <p>Work on this initiative was progressing well. The sub group had met recently and a few events were now being finalised. Food Fortnight would run between 28th October 2007 and 10th November 2007. Sian Kendrick-Jones explained the main event would be 'Around the World in 80 dishes'. The deadline for any submission for the brochure would be 1st August 2007. The Partnership website is a useful source of information on progress with this.</p> <p>It was AGREED that:</p> <p>Any ideas for Food Fortnight to be forwarded to Gill Daniels or Laura Beveridge.</p> <p><u>DAWN</u></p> <p>Laura Beveridge explained that national data had been updated and a budget had been set aside to develop DAWN further. Consideration was being given to the production of automated reports which would assist with data monitoring. Laura explained she would be visiting a local school in the near future to give a demonstration on DAWN to year 8 students.</p>	<p>SD</p> <p>ALL</p>

	<p>Martin explained that although Norfolk Constabulary were using the same neighbourhoods as the Partnership they were using different names. He questioned whether anyone had any objections to him changing the names to match those of Norfolk Constabulary.</p> <p>It was AGREED that:</p> <p>Martin Slater to change names of the neighbourhoods to match those of Norfolk Constabulary and bring to a future meeting of the Partnership for their approval.</p>	MS
11	<p>Any Other Business</p> <p><u>Surestart in Later Life</u></p> <p>Tom Makin explained that at the Surestart presentation at the January 2007 meeting, the budget for this initiative had been agreed at £5,000. This had now been increased to £10,000. This budget may increase further. In response to a question from the Chair regarding roll out of the Surestart initiative, Tom explained that this would depend on local consensus. He explained that there were several elements to the Surestart initiative although engagement of older people in the decision making was a priority. There needed to be commitment from local partners to deliver joint services to those areas of need.</p> <p>Martin Slater highlighted the links with Freebridge Community Housing and their adaptations work, alongside occupational health. Sian Kendrick-Jones also noted the links with the LIST project.</p> <p>It was AGREED that:</p> <p>The Surestart in Later Life Project be kept on future agendas of the Healthier Communities and Older People Partnership</p> <p><u>'Healthy Day'</u></p> <p>Peter Morris explained this would take place in June 2007. He would be collating a list of issues to take to the meeting.</p> <p><u>Scrapstore Project</u></p> <p>Eddie West-Burnham explained he would be meeting with Vicky Etheridge and Sue Payne, Community Development Officer to look at a local Scrapstore project in Kings Lynn.</p>	SD

	<p>It was AGREED that</p> <p>Eddie West-Burnham to circulate information regarding the Scrapstore project to the Partnership.</p>	<p>EWB</p>
	<p>Date of Next Meeting</p> <p>The date of the next meeting will be Thursday 5th April 2007 at 2.00pm in Meeting Room 1, Kings Court, Chapel Street, Kings Lynn.</p>	
	<p>The meeting finished at 4.05pm</p>	